

PRECIOS PROMEDIOS DE LOS CORTES DE CARNES DE RES, CERDO Y POLLO EN LOS PRINCIPALES SUPERMERCADOS DE LOS DISTRITOS DE PANAMÁ Y SAN MIGUELITO.
(En Balboas Por Kilo)

| TIPO DE CORTE | Unidad de Venta | En-16 | Feb-16 | Mar-16 | Abr-16 | May-16 | Jun-16 | Jul-16 | ago-16 | sep-16 | oct-16 | nov-16 |
|---|-----------------|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| RES | | | | | | | | | | | | |
| Filete | Kg | 15.99 | 15.32 | 13.04 | 17.06 | 15.11 | 15.39 | 14.23 | 18.90 | 17.88 | 16.46 | 15.39 |
| Lomo Mulato | Kg | 8.04 | 7.88 | 8.09 | 7.94 | 7.94 | 8.03 | 8.10 | 8.49 | 7.93 | 8.80 | 8.09 |
| Palomilla | Kg | 8.25 | 8.07 | 8.28 | 8.32 | 8.18 | 8.23 | 7.99 | 8.29 | 8.23 | 7.94 | 7.92 |
| Punta de Palomilla | Kg | 8.53 | 9.24 | 8.36 | 9.35 | 8.97 | 9.65 | 8.01 | 8.65 | 8.81 | 8.14 | 8.29 |
| Rincón | Kg | 8.44 | 8.77 | 8.42 | 8.66 | 8.80 | 7.48 | 8.53 | 8.89 | 8.68 | 8.86 | 8.22 |
| Babilla | Kg | 6.32 | 6.32 | 6.33 | 6.32 | 6.45 | 6.33 | 6.32 | 6.32 | 6.32 | 6.32 | 6.43 |
| Pulpa Negra | Kg | 8.59 | 8.67 | 8.31 | 8.76 | 8.77 | 8.26 | 8.40 | 8.31 | 8.56 | 8.51 | 8.53 |
| Pulpa Blanca | Kg | 8.46 | 8.55 | 8.65 | 8.91 | 8.65 | 9.02 | 8.61 | 8.70 | 9.38 | 9.05 | 9.05 |
| Costillón | Kg | 8.35 | 8.83 | 8.11 | 9.23 | 8.94 | 8.64 | 8.63 | 9.09 | 9.71 | 8.76 | 8.07 |
| Bistec de Cinta sin Hueso | Kg | 8.63 | 7.82 | 8.29 | 8.68 | 9.26 | 8.42 | 8.89 | 8.04 | 8.89 | 8.89 | 8.89 |
| Bistec de Cinta con Hueso | Kg | 5.26 | 5.34 | 5.25 | 5.22 | 5.35 | 5.30 | 5.36 | 5.38 | 5.16 | 5.40 | 5.40 |
| Lomo de Paleta | Kg | 5.81 | 6.02 | 5.96 | 6.27 | 6.42 | 6.28 | 5.85 | 5.86 | 5.93 | 5.86 | 5.95 |
| Lomo Rayado | Kg | 8.05 | 7.91 | 7.76 | 7.93 | 7.91 | 7.98 | 7.88 | 7.98 | 7.94 | 7.96 | 8.00 |
| Espaldilla | Kg | 6.89 | 6.88 | 6.66 | 6.93 | 6.95 | 6.95 | 6.91 | 6.91 | 6.95 | 6.62 | 6.96 |
| Entraña | Kg | 6.96 | 6.91 | 6.97 | 6.94 | 6.84 | 7.07 | 6.98 | 7.04 | 6.96 | 7.61 | 6.97 |
| Falda Limpia | Kg | 5.99 | 6.26 | 6.26 | 6.63 | 6.42 | 6.46 | 6.23 | 6.56 | 6.21 | 6.40 | 6.15 |
| Falda Limpia Delgada * | Kg | 7.28 | 6.02 | 5.78 | 6.83 | ... | 7.28 | ... | 6.52 | ... | 5.96 | ... |
| Falda Limpia Gruesa * | Kg | 6.94 | 6.63 | 6.58 | 6.82 | 7.31 | 7.21 | 7.36 | 7.10 | 7.27 | 7.12 | 6.81 |
| Jarrete | Kg | 5.07 | 5.09 | 5.05 | 5.07 | 5.07 | 5.06 | 5.07 | 5.39 | 5.40 | 5.39 | 5.38 |
| Jarretón * | Kg | 6.50 | 6.75 | 6.76 | 6.78 | 6.78 | 6.80 | 6.78 | 6.63 | 6.80 | 6.78 | 6.78 |
| Pecho (Hueso) | Kg | 1.65 | 1.65 | 1.65 | 1.66 | 1.66 | 1.65 | 1.66 | 1.95 | 1.98 | 1.97 | 1.98 |
| Pecho (Carne) | Kg | 5.09 | 4.73 | 4.11 | 4.73 | 4.11 | ... | ... | 4.79 | ... | 4.11 | ... |
| Costilla | Kg | 4.19 | 4.41 | 4.41 | 4.70 | 4.44 | 4.58 | 4.48 | 4.32 | 4.84 | 4.38 | 4.38 |
| Hueso de Cadera | Kg | 1.02 | 1.10 | ... | 1.49 | 1.71 | ... | 1.16 | 0.75 | ... | ... | ... |
| Hueso Rojo | Kg | 0.92 | 1.56 | 0.99 | 1.78 | 1.74 | 1.63 | 1.51 | 1.43 | 1.60 | 1.35 | 1.03 |
| Rabo | Kg | 4.94 | 4.92 | 5.67 | 5.47 | 5.32 | 6.04 | 5.39 | 5.56 | 6.01 | 6.11 | 5.86 |
| Riñón | c/u | ... | ... | ... | ... | ... | ... | ... | ... | ... | ... | ... |
| Riñón * | Kg | ... | ... | ... | ... | ... | ... | 0.97 | 0.95 | ... | 0.95 | ... |
| Corazón * | Kg | 3.53 | 3.33 | 3.48 | 3.46 | 3.39 | 3.35 | 3.79 | 3.92 | 3.38 | 3.44 | 3.35 |
| Corazón | c/u | ... | ... | ... | ... | ... | ... | ... | ... | ... | ... | ... |
| Mondongo | Kg | 2.98 | 4.08 | 3.63 | 3.51 | 3.67 | 3.89 | 3.95 | 3.90 | 3.69 | 4.01 | 3.95 |
| Hígado | Kg | 4.05 | 4.02 | 4.58 | 4.06 | 3.59 | 4.02 | 4.19 | 4.20 | 3.81 | 4.51 | 3.88 |
| Lengua | Kg | 7.43 | 7.51 | 7.34 | 7.67 | 7.56 | 7.90 | 7.59 | 7.87 | 7.68 | 7.82 | 7.83 |
| Lengua | c/u | 4.50 | ... | 5.00 | ... | 5.00 | 5.00 | ... | ... | ... | ... | 5.50 |
| Patas | Kg | 1.28 | 1.87 | 1.60 | 1.51 | 1.53 | 1.43 | 1.52 | 1.35 | 1.28 | 1.34 | 1.20 |
| Patas | c/u | 1.00 | 1.50 | 1.50 | ... | ... | ... | ... | ... | ... | ... | ... |
| Bofe | Kg | 2.83 | 2.99 | 2.83 | 3.02 | 2.89 | 2.88 | 2.82 | 2.87 | 2.70 | 2.67 | 2.86 |
| Carne Molida Especial * | Kg | 8.08 | 8.05 | 8.31 | 8.19 | 8.26 | 8.64 | 8.24 | 8.64 | 8.20 | 8.42 | 7.80 |
| Carne Molida Primera * | Kg | 4.38 | 4.39 | 4.38 | 4.38 | 4.38 | 4.40 | 4.39 | 4.66 | 4.74 | 4.70 | 4.69 |
| Carne Molida Segunda * | Kg | ... | ... | ... | ... | ... | ... | ... | ... | ... | 3.99 | 3.49 |
| Osobuco * | Kg | 4.91 | 4.79 | 5.08 | 5.22 | 5.01 | 5.27 | 5.41 | 5.26 | 5.89 | 5.82 | 5.53 |
| Chorris (Costilla Especial) * | Kg | 6.21 | 6.44 | 6.17 | 6.70 | 6.39 | 6.52 | 6.14 | 6.12 | 6.00 | 6.19 | 6.11 |
| Ropa Vieja * | Kg | 6.82 | 6.69 | 6.96 | 6.95 | 6.80 | 6.92 | 6.97 | 6.74 | 6.78 | 6.79 | 6.82 |
| Guisado de Res de Primera * | Kg | 7.65 | 7.67 | 7.39 | 7.61 | 7.64 | 7.52 | 7.25 | 7.87 | 7.28 | 7.44 | 7.67 |
| Guisado de Res de Segunda * | Kg | 5.23 | 5.48 | 5.29 | 5.26 | 5.31 | 5.83 | 5.48 | 5.26 | 5.27 | 5.27 | 5.25 |
| Carne Magra * | Kg | ... | ... | ... | ... | ... | ... | ... | ... | ... | ... | ... |
| Bistec Picado * | Kg | 8.31 | 8.37 | 8.08 | 8.30 | 8.14 | 8.39 | 7.96 | 7.98 | 8.07 | 8.27 | 8.30 |
| CERDO | | | | | | | | | | | | |
| Chuleta | Kg | 4.19 | 4.19 | 4.19 | 4.18 | 4.19 | 4.18 | 4.19 | 4.19 | 4.13 | 4.18 | 3.94 |
| Chuleta Especial * | Kg | 6.32 | 6.07 | 6.55 | 6.46 | 6.85 | 6.56 | 6.71 | 6.58 | 6.68 | 6.54 | 6.40 |
| Puerco Liso | Kg | 7.82 | 7.43 | 7.41 | 7.63 | 7.25 | 7.09 | 6.85 | 6.82 | 6.96 | 7.22 | 6.29 |
| Costilla de Cerdo | Kg | 7.43 | 7.19 | 7.19 | 7.20 | 6.77 | 7.10 | 6.97 | 7.02 | 7.13 | 6.79 | 6.91 |
| Patitas Frescas | Kg | ... | ... | ... | ... | ... | ... | ... | ... | ... | ... | ... |
| Patitas Congeladas | Kg | 2.02 | 1.97 | 2.07 | 2.02 | 2.13 | 2.46 | 2.49 | 2.56 | 2.61 | 2.57 | 2.49 |
| Rabito Fresco | Kg | 3.12 | 3.31 | 3.13 | ... | 3.31 | ... | ... | 3.31 | ... | ... | ... |
| Rabito en Salmuera | Kg | 5.08 | 4.95 | 5.26 | 5.24 | 4.92 | 4.82 | 4.67 | 4.94 | 4.62 | 5.03 | 5.05 |
| Pernil con Piel * | Kg | 5.14 | 5.50 | ... | 5.88 | 6.69 | 5.85 | 4.96 | 6.24 | 6.69 | 7.64 | 5.84 |
| Pernil sin Piel * | Kg | ... | ... | ... | 6.69 | ... | 6.98 | 6.35 | ... | ... | ... | ... |
| Tocino | Kg | 1.13 | 1.17 | 1.26 | 1.14 | 1.19 | 1.59 | 1.21 | 0.99 | 0.80 | 0.97 | 0.84 |
| Codillo | Kg | 3.77 | 3.45 | 3.73 | 3.75 | 3.66 | 4.05 | 4.28 | 4.32 | 4.06 | 4.13 | 3.77 |
| Cabeza | Kg | 1.40 | 1.40 | 1.19 | 1.10 | 1.16 | 1.25 | 1.21 | 1.16 | 1.21 | 1.07 | 1.29 |
| Cabeza Entera | Kg | 3.00 | 2.50 | ... | ... | ... | ... | ... | ... | ... | ... | ... |
| Mitad de Cabeza | c/u | 1.42 | 1.42 | ... | ... | 1.45 | ... | ... | 2.00 | ... | ... | ... |
| Cabeza Deshuesada | lb | ... | ... | .. | ... | ... | ... | ... | ... | ... | ... | ... |
| POLLO | | | | | | | | | | | | |
| Pollo Limpio con patas y cabeza (s/tripa) | Kg | ... | ... | ... | ... | ... | ... | ... | ... | ... | ... | 2.58 |
| Pollo Rosti (s/patas ni cabeza) * | Kg | 3.05 | 3.25 | 2.86 | 2.94 | 2.86 | 2.82 | 2.86 | 2.93 | 2.86 | 2.86 | 2.86 |
| Pollo o Gallina (Empacada) | Kg | 3.14 | 2.88 | ... | ... | 3.15 | ... | 3.02 | 3.08 | ... | 3.20 | ... |
| Pollo Picado | Kg | 2.60 | 2.59 | 2.59 | 2.59 | 2.59 | 2.59 | 2.58 | 2.59 | 2.60 | 2.57 | 2.57 |
| Muslo Encuentro | Kg | 3.42 | 3.30 | 3.33 | 3.42 | 3.33 | 3.34 | 3.32 | 3.17 | 3.35 | 3.42 | 3.44 |
| Encuentro | Kg | 3.23 | 3.23 | 3.20 | 3.20 | 3.23 | 3.10 | 3.09 | 3.10 | 3.17 | 3.20 | 3.15 |
| Muslos | Kg | 4.18 | 4.16 | 4.22 | 4.18 | 4.14 | 4.34 | 4.23 | 4.04 | 4.21 | 4.27 | 4.13 |
| Pechuga | Kg | 4.13 | 3.96 | 4.01 | 3.95 | 4.12 | 4.03 | 4.03 | 3.96 | 4.09 | 4.08 | 3.96 |
| Pescuezo con Piel * | Kg | ... | 0.80 | ... | ... | 0.85 | ... | 0.85 | 1.10 | ... | ... | 0.85 |
| Pescuezo sin Piel * | Kg | 1.69 | 1.58 | 1.76 | 1.72 | 1.66 | 1.75 | 1.69 | 1.76 | 1.82 | 1.80 | 1.73 |
| Molleja | Kg | 2.95 | 2.86 | 2.90 | 3.16 | 2.95 | 3.07 | 2.98 | 3.10 | 3.11 | 2.78 | 2.93 |
| Hígado de Pollo | Kg | 1.48 | 1.42 | 1.52 | 1.43 | 1.39 | 1.73 | 1.51 | 1.48 | 1.52 | 1.60 | 1.61 |
| Alas | Kg | 4.19 | 4.12 | 4.19 | 4.24 | 4.10 | 4.19 | 4.09 | 4.09 | 4.22 | 4.31 | 4.15 |
| Patitas * | Kg | 1.41 | 1.25 | 1.36 | 1.44 | 1.24 | 1.44 | 1.31 | 1.33 | 1.63 | 1.35 | 1.30 |

(...): Precio no Disponible

FUENTE: ACODECO

Miembro de CONCADECO; Consejo Centroamericano de Protección al Consumidor.